



HEALTH JOURNAL



You can take your MDS (including CMML) treatment at home with oral INQOVI® (decitabine and cedazuridine) tablets. You (or your caregiver) can use this health journal to help you remember when to take INQOVI, record how you feel, and share with your healthcare provider at your next appointment.

MDS=myelodysplastic syndromes; CMML=chronic myelomonocytic leukemia.



This health journal is not meant to replace advice given to you by a healthcare provider. Always contact your healthcare provider if you have questions, or if you have any problems taking your medication as instructed.



What is INQOVI?

INQOVI is a prescription medicine used to treat adults with myelodysplastic syndromes, including chronic myelomonocytic leukemia (CMML). Your healthcare provider will determine if INQOVI can treat your type of MDS.

It is not known if INQOVI is safe or effective in children.

Selected Important Safety Information

INQOVI may cause serious side effects, including:

Low blood cell counts. Low blood counts (white blood cells, platelets, and red blood cells) are common with INQOVI but can also be serious and lead to infections that may be life-threatening. If your blood cell counts are too low, your healthcare provider may need to delay treatment with INQOVI, lower your dose of INQOVI, or in some cases give you a medicine to help treat low blood cell counts. Your healthcare provider may need to give you antibiotic medicines to prevent or treat infections or fever while your blood cell counts are low. Your healthcare provider will check your blood cell counts before you start treatment and regularly during treatment with INQOVI.

Call your healthcare provider right away if you get any of the following signs and symptoms of infection during treatment with INQOVI:

- fever
- body aches
- chills
- bruising more easily than usual

Please see Important Safety Information throughout, read the full Prescribing Information in pocket or at [INQOVI.com/PI](https://www.inqovi.com/PI), and discuss with your healthcare provider.

INQOVI[®]
(decitabine and cedazuridine)
35mg / 100mg tablets



Your INQOVI health journal

You (or your caregiver) can use this journal to make note of any side effects* you may be experiencing, describe how you are feeling overall, and jot down any questions or notes you may have. Bring this with you to your next appointment to share with your healthcare provider.

*If you're not feeling well or notice any side effects (like fever, chills, body aches, or bruising more easily than usual), contact your doctor immediately.

Each day has a place for you (or your caregiver) to:

- Keep track of your dosing schedule
 - Remember to avoid eating for at least 2 hours before and 2 hours after taking INQOVI® (decitabine and cedazuridine) tablets. Ask your healthcare provider to help you find the best time to take your medication. Take INQOVI at the same time each day.

Every month has a log for you (or your caregiver) to:

- Make note of any side effects
- Describe how you are feeling overall
- Jot down any questions or notes you may have for your healthcare provider

You (or your caregiver) can use the stickers provided in the back pocket of this kit to help you remember:

- When to take and when not to take INQOVI

On pages 4 to 5, you can see an example of how to fill out your own log for a month of treatment.

Bring this journal with you to appointments with your healthcare provider as a reminder of what to discuss.

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Visit [INQOVI.com](https://inqovi.com) for more information, and talk to your healthcare provider if you have any questions or concerns.

What do I need to remember when taking INQOVI?

DO

- Take INQOVI exactly as your healthcare provider tells you to
- Take it one time a day at about the same time each day
- Take INQOVI on an empty stomach
- Swallow INQOVI tablets whole
- If you miss your dose, take it within 12 hours of your usual time
- If you miss a dose by more than 12 hours, take your next dose at the usual time the following day

DO NOT

- Do not change your dose or stop taking INQOVI unless your healthcare provider tells you to
- Do not eat for at least 2 hours before and 2 hours after taking INQOVI
- Do not cut, crush, or chew the tablet
- Do not take a dose missed by more than 12 hours
- Do not take an additional dose after vomiting a dose

Selected Important Safety Information

Before taking INQOVI, tell your healthcare provider about all of your medical conditions, including if you:

- have kidney problems
- have liver problems
- are pregnant or plan to become pregnant. INQOVI can harm your unborn baby. Tell your healthcare provider right away if you become pregnant or think you may be pregnant during treatment with INQOVI.



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See the example below for suggestions on how to use this log.

How is your appetite this month? Explain:

I've been able to eat three meals a day on most days this month.

From your lab reports, what was your bloodwork† this month (ex: red blood count, platelet, absolute neutrophil, and hemoglobin)?

My red blood cell count was $3.0 \times 10^9/L$, and my platelet count was $78 \times 10^9/L$.

Have you experienced a fever, fatigue, or side effects this month? Explain:

I only had one fever, which lasted for several hours. I was a bit more active than usual, and not as tired this month.

Any questions for your healthcare provider this month?

Overall, I felt pretty good this month.

Visit [INQOVI.com](https://inqovi.com) for more information, and talk to your healthcare provider if you have any questions or concerns.

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†You may request a copy of your blood test report from your doctor.

Write down key dates & lab results

If needed, ask your nurse or caregiver to help you keep track of appointments. Use the stickers located in the pocket of this kit to label the first 5 days of treatment for each month. Remember to avoid eating for at least 2 hours before and after taking INQOVI® (decitabine and cedazuridine) tablets. Ask your healthcare provider to help you find the best time to take your medication. Take INQOVI at the same time each day.

See the example below for suggestions on how to use the calendar.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Dose 1 Time: 11 am	2 Dose 2 Time: 11 am	3 Dose 3 Time: 11 am	4 Dose 4 Time: 11 am	5 Dose 5 Time: 11 am	6	7
8	9	10	11	12	13 Blood Test e 9am	14
15	16 Check-up w/ Dr. Smith e 11am	17	18	19	20	21
22	23	24	25	26	27	28

Important Safety Information

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Low blood cell counts. Low blood counts (white blood cells, platelets, and red blood cells) are common with INQOVI but can also be serious and lead to infections that may be life-threatening. If your blood cell counts are too low, your healthcare provider may need to delay treatment with INQOVI, lower your dose of INQOVI, or in some cases give you a medicine to help treat low blood cell counts. Your healthcare provider may need to give you antibiotic medicines to prevent or treat infections or fever while your blood cell counts are low. Your healthcare provider will check your blood cell counts before you start treatment and regularly during treatment with INQOVI.

Call your healthcare provider right away if you get any of the following signs and symptoms of infection during treatment with INQOVI:

- fever
- body aches
- chills
- bruising more easily than usual

Before taking INQOVI, tell your healthcare provider about all of your medical conditions, including if you:

- have kidney problems
- have liver problems
- are pregnant or plan to become pregnant. INQOVI can harm your unborn baby. Tell your healthcare provider right away if you become pregnant or think you may be pregnant during treatment with INQOVI.

Females who are able to become pregnant:

- Your healthcare provider will check to see if you are pregnant before you start treatment with INQOVI.
- You should use effective birth control during treatment with INQOVI and for at least 6 months after your last dose of INQOVI.

Males with female partners who are able to become pregnant should use effective birth control during treatment with INQOVI and for 3 months after the last dose. Talk to your healthcare provider if you have questions about birth control options that are right for you.

- are breastfeeding or plan to breastfeed. It is not known if INQOVI passes into breast milk. Do not breastfeed during treatment with INQOVI and for 2 weeks after your last dose of INQOVI.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

The most common side effects of INQOVI include: low white blood cell count (leukopenia), low platelets in your blood (thrombocytopenia), low white blood cell count (neutropenia), low red blood cell count (anemia), tiredness, constipation, bleeding, muscle pain, pain or sores in your mouth or throat, joint pain, nausea, shortness of breath, diarrhea, rash, dizziness, fever with low white blood cell count (febrile neutropenia), swelling of arms or legs, headache, cough, decreased appetite, upper respiratory tract infection, pneumonia and changes in liver function tests.

INQOVI may affect fertility in men. Talk to your healthcare provider if this is a concern for you. These are not all of the possible side effects of INQOVI. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Please read the full Prescribing Information in pocket or at [INQOVI.com/PI](https://www.inqovi.com/PI), and discuss with your healthcare provider.



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See the example below for suggestions on how to use this log.

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Any questions for your healthcare provider this month?

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Taiho Oncology Patient Support™ is here to help you



An MDS diagnosis can be overwhelming and confusing, but Taiho Oncology Patient Support™ is here to simplify your access to treatment.

Our patient support program is your online and on-call resource center for any questions or needs related to financial assistance, reimbursement, and your treatment with INQOVI® (decitabine and cedazuridine) tablets. Visit TaihoPatientSupport.com to find support now.

Financial assistance

We offer financial support depending on the type of insurance you have, including:

- \$0 Co-pay program for eligible,* privately insured patients
- Alternate funding support for publicly insured patients (such as those on Medicare)
- Patient Assistance program for underinsured patients

Talk to your healthcare provider about personalized nurse support[†] to help with dose refills and education about treatment with INQOVI

*Visit TaihoPatientSupport.com to see full eligibility criteria.

[†]If selected on the Patient Enrollment Form, a Nurse Navigator will be assigned to provide telephone support and will address general inquiries about INQOVI treatment.

Additional services include:

- Insurance support: Taiho Oncology Patient Support™ will welcome you and explain your insurance benefits
- Reimbursement support: A reimbursement specialist will confirm your access to INQOVI or assist you in applying for financial assistance
- Specialty pharmacy program: The specialty pharmacy will call you to discuss payment and shipment
- You will receive your prescription of INQOVI from the specialty pharmacy, physician, or hospital, and it will have instructions for use to begin your treatment

Talk to your healthcare provider about how to enroll.

To learn more, visit TaihoPatientSupport.com or call

1-844-TAIHO-4U (1-844-824-4648) Monday to Friday, 8 AM to 8 PM ET

For more information about treatment with
INQOVI® (decitabine and cedazuridine) tablets, visit [INQOVI.com](https://www.inqovi.com)

For financial support or help with insurance,
visit [TaihoPatientSupport.com](https://www.taihopatient.com) or call **1-844-TAIHO-4U**
(1-844-824-4648) Monday to Friday, 8 AM to 8 PM ET

For general information and support for MDS, check the
resource brochure available in your treatment kit
or online at [INQOVI.com/resources](https://www.inqovi.com/resources)



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